

# YOUNG NATURALIST

## activity booklet

for the Methow Valley



Methow  
Conservancy





Designed and illustrated for the Methow Conservancy  
by Baylie Peplow

Copyright © 2011

Printed on 100% post-consumer waste recycled paper.

# ABOUT ME:

name

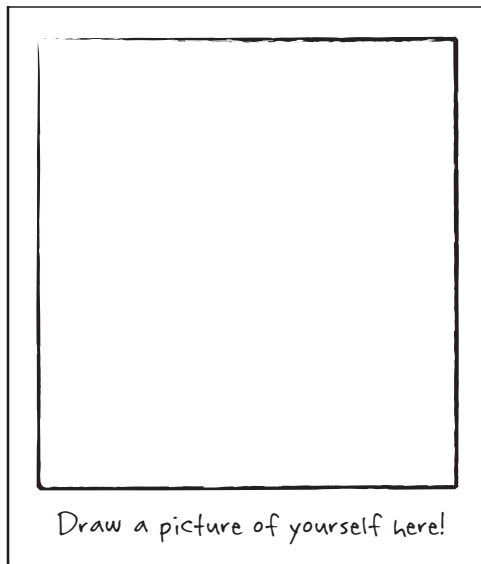
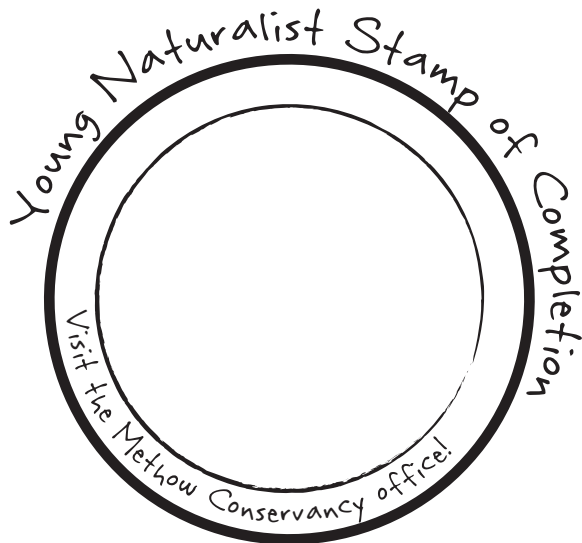
age

hometown

favorite animal

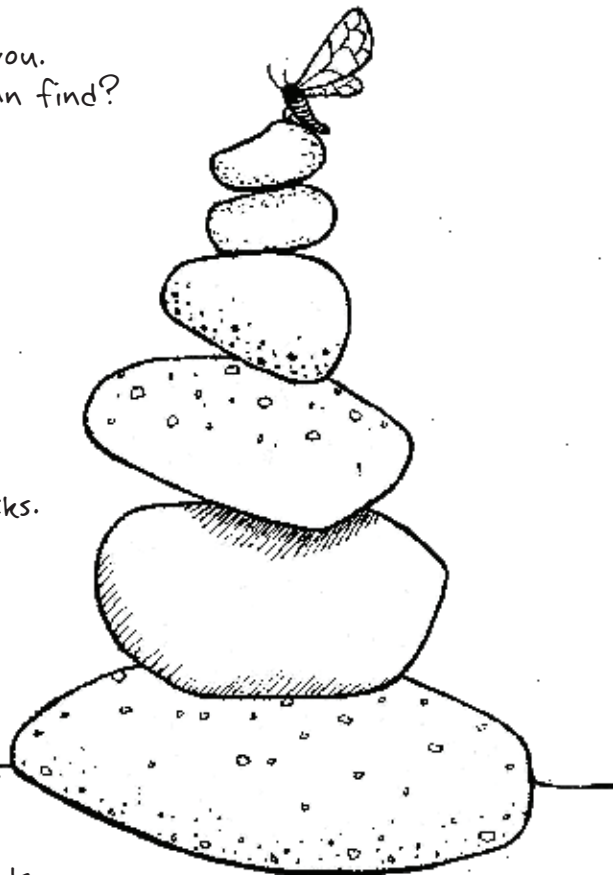
favorite outdoor activity

most amazing talent



# HIKING SCAVENGER

- Stop. Listen. Identify five different sounds.
- Listen for a bird song and do your best imitation.
- Pretend that a predator is chasing you.  
What is the best hiding place you can find?
- Pretend that you are a predator.  
Can you sneak up on someone?
- Find the tiniest bug you can see.
- Find the tallest thing around you.
- Find a bird's nest, but don't touch!
- See how high you can stack river rocks.
- Find an animal track. Whose is it?
- Find three different kinds of leaves.
- Pick up three pieces of litter.
- Find a heart-shaped rock.
- Lie on your back and watch the clouds.



# NAME THAT BIRD!

DID YOU KNOW?!

Over 250 bird species live in  
or travel through the Methow!



\_\_\_\_\_

GEMPAI



\_\_\_\_\_

CECEIHKDA



\_\_\_\_\_

VANRE



\_\_\_\_\_

NORIB



\_\_\_\_\_

MIBUGNIMHDR



\_\_\_\_\_

LUBREIBD



\_\_\_\_\_

ELAGLBEDA



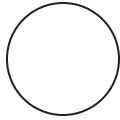
\_\_\_\_\_

KWAH

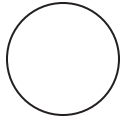
# MATCH THE ANIMAL



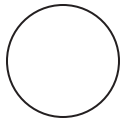
Black Bear



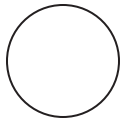
Gray Wolf



Squirrel



Grouse



1



2



6



5

to its track:



3



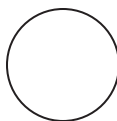
4



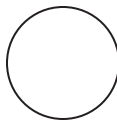
7



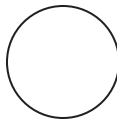
8



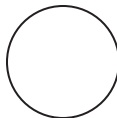
Beaver



Cougar

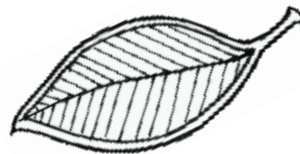


Human



Deer

# METHOW WORD SEARCH:



A S P F O U Q W H S I R H N  
J C A M D L T C B L C W A Q  
C O T T O N W O O D H F O M  
G U T P S W D K I N E W E U  
C H E T W I S P M A W H I P  
R W R E R N B B K P U A D R  
F O S N J T S A M Z C Q T G  
P K O C D H L L N A H U B J  
P O N D E R O S A X Z C O F  
W I W U H O W A C H I A B C  
F U P N T P I M A G S R M R  
D I S E M E Z R P D K L C A  
O Z C K S L U O J H F T L U  
X N H R B T V O A M R O Q T  
B Y A T D X O T R C B N E I  
L F W M O P Q N M S O Y Q X  
L I B E R T Y B E L L I O C  
D W O M T N E K W Y E O W H

find these words:

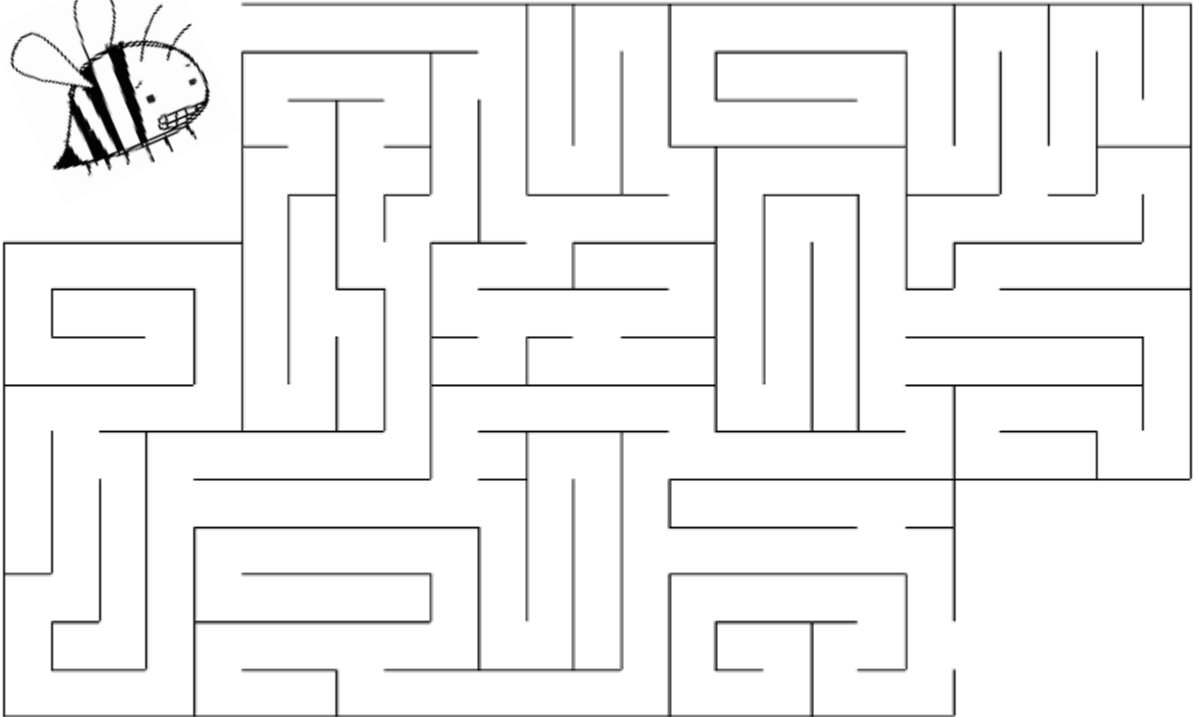
Twisp  
Winthrop  
Mazama  
Carlton  
Ponderosa  
Balsamroot  
Chewuch  
Patterson  
Liberty Bell  
Cottonwood  
Pipestone

## DID YOU KNOW?!

The bark of large  
ponderosa pine trees  
smells like  
butterscotch!  
(Yum!)



# HELP THE BEE POLLINATE THE APPLE TREE!



DID YOU KNOW?  
Bees are responsible for 80%  
of the world's pollination!



FIND SIX DIFFERENCES AND



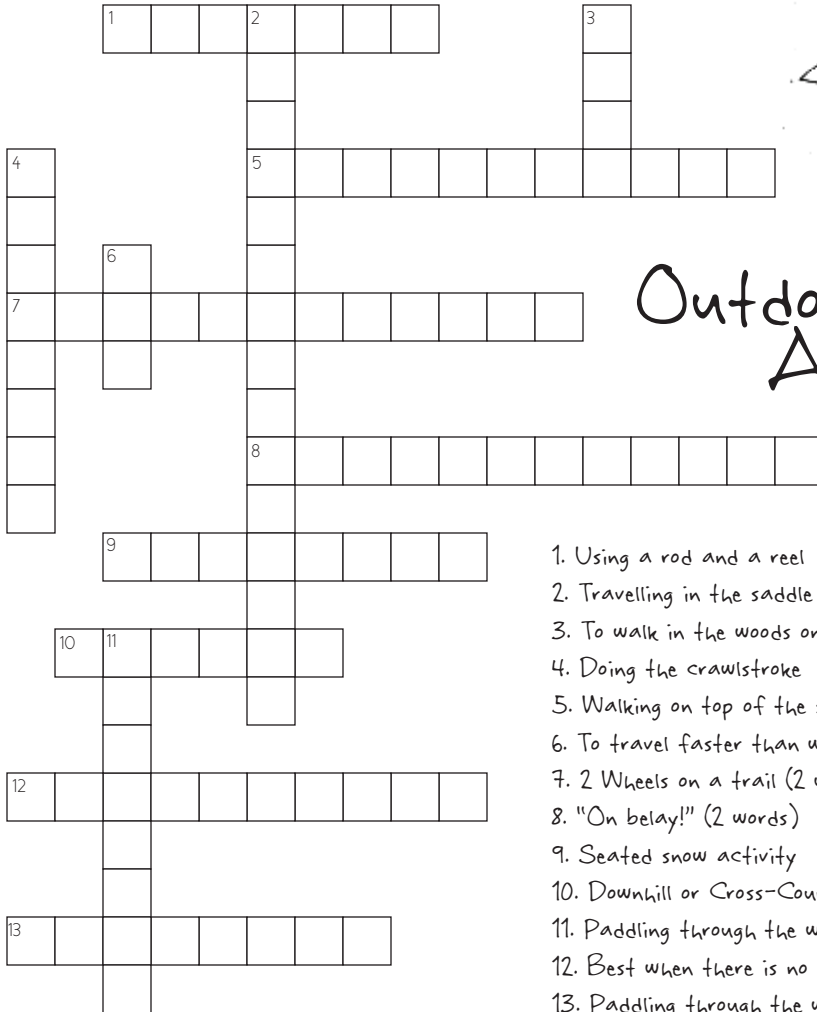
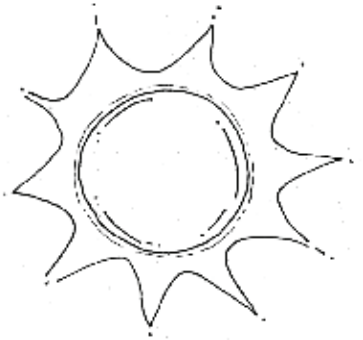
DID YOU KNOW?! Plants have been on Earth for around 400 million years!

THEN COLOR THE BALSAMROOT!



DID YOU KNOW?! Native tribes ate the roots, shoots, and seeds from Balsamroot.

# CROSSWORD CHALLENGE:



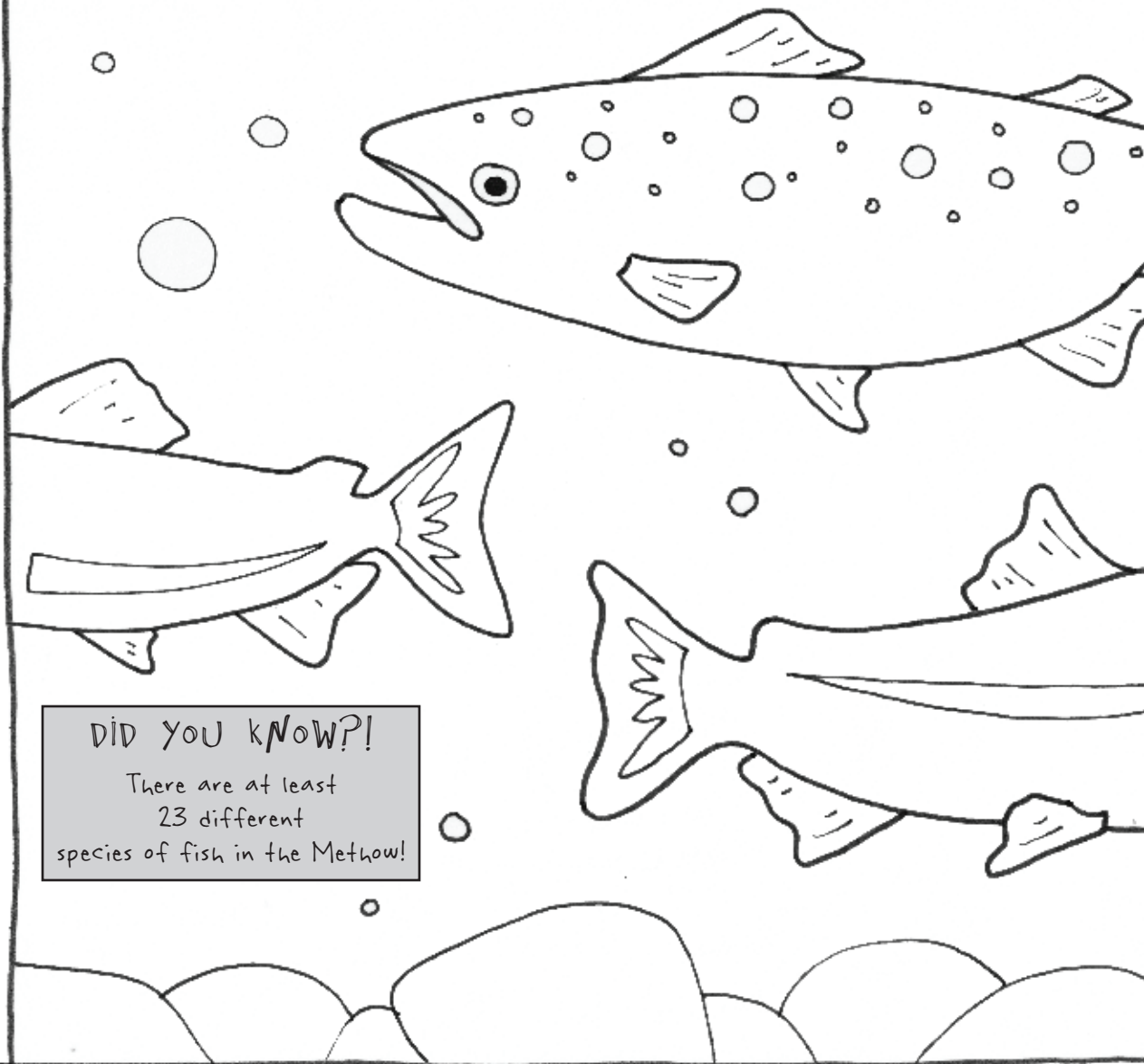
## Outdoor Activities!

1. Using a rod and a reel
2. Travelling in the saddle (2 words)
3. To walk in the woods on a trail
4. Doing the crawlstroke
5. Walking on top of the snow
6. To travel faster than walking
7. 2 Wheels on a trail (2 words)
8. "On belay!" (2 words)
9. Seated snow activity
10. Downhill or Cross-Country \_\_\_\_\_
11. Paddling through the water using a paddle
12. Best when there is no moon
13. Paddling through the water using an oar

Make as many words as possible using the following letters:



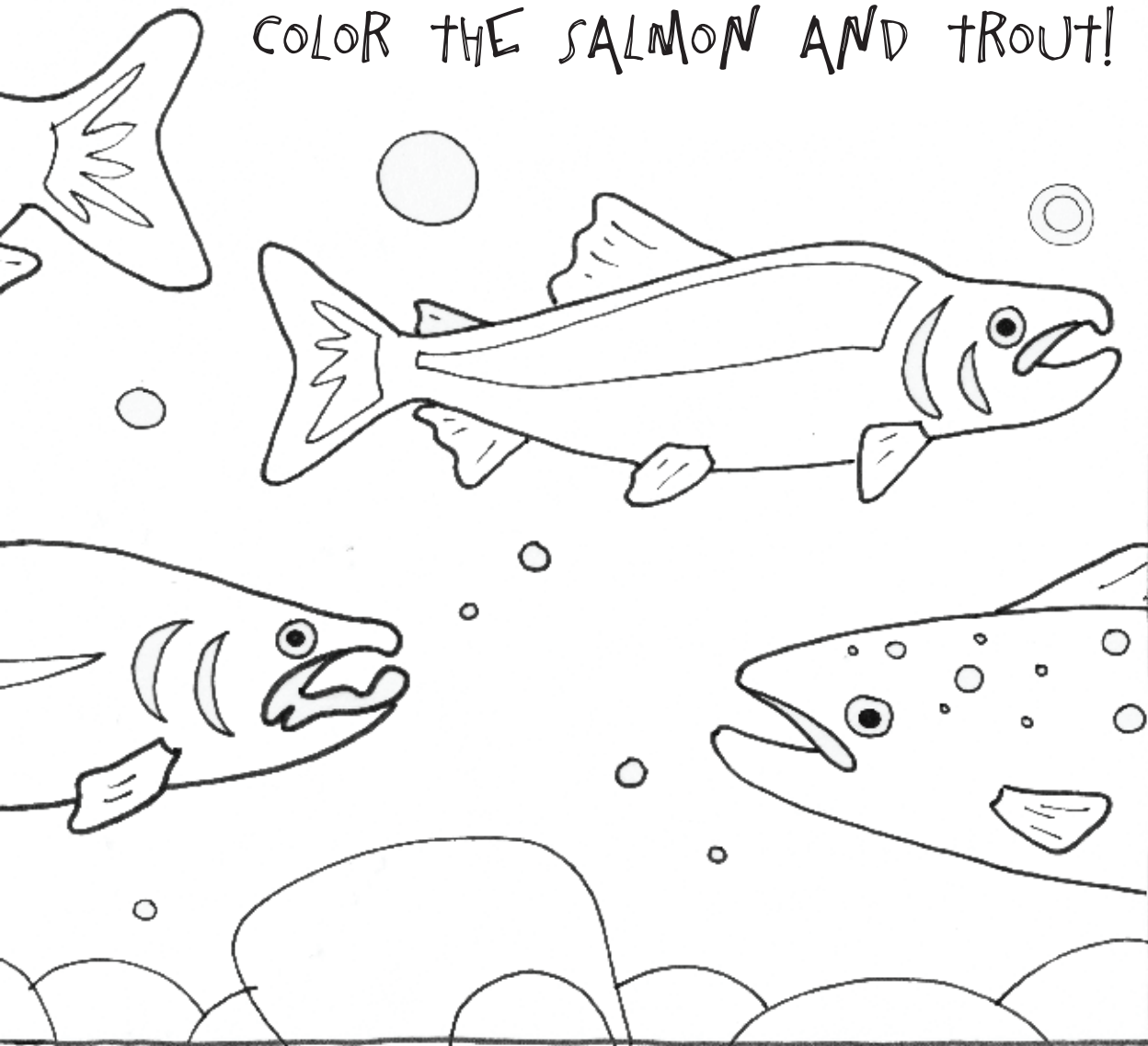
DID YOU KNOW?! On average, the Methow Valley gets 13 inches of precipitation yearly. (Seattle gets 47!)



## DID YOU KNOW?!

There are at least  
23 different  
species of fish in the Methow!

COLOR THE SALMON AND TROUT!







Find the  
four bees  
that are not  
like the others!

DID YOU KNOW?! A queen bee can lay as many as 2,500 eggs in a day!



Decode the secret message:

B G O A P G C A Y W B j A A G C B j

G R E B j A A G C B j

F S Z Z B G O A P G C A Y W t Y L.

**DID YOU KNOW?**

Every year, one American  
uses the equivalent of  
a tree that is  
100 ft tall  
and 16 ft in diameter  
for paper, wood,  
and other uses.

L's = U

R's = N

P's = C

A's = E

Z's = L

B's = T

C's = R

O's = K

S's = I

J's = H

E's = D

T's = Y

G's = A

Y's = O

M's = F

W's = F



# ANSWER KEY:

## CROSSWORD:

1. Fishing
2. Horseback Riding
3. Hike
4. Swimming
5. Snowshoeing
6. Run
7. Mountain Bike
8. Rock Climbing
9. Sledding
10. Skiing
11. Kayaking
12. Stargazing
13. Canoeing

## SECRET CODE:

"Take care of the earth  
and the earth will  
take care of you."

## ANIMAL TRACKS:

1. Human
2. Deer
3. Cougar
4. Grouse
5. Squirrel
6. Black Bear
7. Beaver
8. Gray Wolf

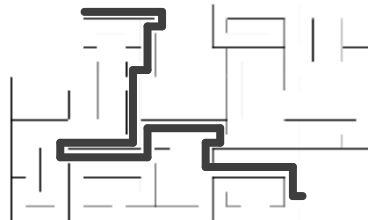


Find the  
four bees  
that are not  
like the others!

## BIRD NAMES:

- Magpie  
Chickadee  
Raven  
Robin  
Hummingbird  
Bluebird  
Bald Eagle  
Hawk

A	S	P	F	O	U	Q	W	H	S	I	R	H	N
J	C	A	M	D	L	T	C	B	L	C	W	A	Q
C	O	T	T	O	N	W	O	O	D	H	F	O	M
G	U	T	P	S	W	D	K	I	N	E	W	E	U
C	H	E	T	W	I	S	P	M	A	W	H	I	P
R	W	R	E	R	N	B	B	K	P	U	A	D	R
F	O	S	N	J	T	S	A	M	Z	C	Q	T	G
P	K	O	C	D	H	L	L	N	A	H	U	B	J
P	O	N	D	E	R	O	S	A	X	Z	C	O	F
W	I	W	U	H	O	W	A	C	H	I	A	B	C
F	U	P	N	T	P	I	M	A	G	S	R	M	R
D	I	S	E	M	E	Z	R	P	D	K	L	C	A
O	Z	C	K	S	L	U	O	J	H	F	T	L	U
X	N	H	R	B	T	V	O	A	M	R	O	Q	T
B	Y	A	T	D	X	O	T	R	C	B	N	E	I
L	F	W	M	O	P	Q	N	M	S	O	Y	Q	X
L	I	B	E	R	T	Y	B	E	L	L	I	O	C
D	W	O	M	T	N	E	K	W	Y	E	O	W	H



This Activity Booklet was created by the Methow Conservancy.  
The Methow Conservancy is a local, member-supported, nonprofit land trust committed to protecting wildlife habitat, farmland and open space in the Methow Valley.  
Our mission is to inspire people to care for and conserve the land of the Methow Valley, ensuring it will remain a place where future generations can enjoy the rural character and natural beauty we cherish today.  
We encourage active care for the Methow Valley through conservation easements, land stewardship planning, and natural history and conservation education programs.  
Learn more at [www.methowconservancy.org](http://www.methowconservancy.org).

# Methow Conservancy



315 Riverside Ave  
PO Box 71  
Winthrop, WA 98862  
509-996-2870  
[www.methowconservancy.org](http://www.methowconservancy.org)